

RED RIBBON CLUB (2022-2023)

S.NO	Name of the Activity	Organized by	Date	Outcome	Participants / Beneficiaries / No. of Volunteers
1.	Visit to ICTC at Kasturba Hospital	RRC	28.03.2023	The RRC Programme officers Dr Thahira Banu, Dr Kavitha Maithili and Dr Sri Devi, Dr Dhevan K and Dr Samuel Thavaraaj organized a visit to Kasturba Hospital on 30.03.23 from 3:30 to 4.30 pm. Sixty RRC members gathered to visit the ICTC centre at Kasturba Hospital, Chinalapatti. Mrs. Vinothini Counselor, at ICTC, demonstrated the various tests to detect HIV. She gave information about how to diagnose AIDS, the symptoms of HIV, and how we want to treat HIV-positive patients. Students also interacted with the ICTC staff about its accessibility to the public, confidentiality maintained with the test results, types of counselling given at the centre and the like. They also went through the ICT materials available at the centre.	60
2.	RRC Training Programme	RRC	29.03.2023	The session started with a prayer song, followed by the welcome address by Dr. P.S. Sreedevi, the Introduction of the guest by Dr K Dhevan, the preamble of the session by Dr Kavitha Maithily and the inaugural address by Dr Nagamani, NSS Programme Coordinator. Mr. Velmurugan, ART Counsellor, Dindigul Government Hospital was the resource person for this session 'HIV & AIDS awareness'. The session started with questions to	60

the students, to test their knowledge of “HIV” where the resource person clearly explained HIV and AIDS, a timeline of how HIV infection takes place and when it would transform to AIDS. The programmes provided by the Government and about ART treatment and its usefulness. Further, he also explained the functioning of the ART centre in government hospitals. Following the guest address sharing of experience by RRC POs and session coordinators Dr S. Kavitha Maithily, Dr P.S. Sreedevi, Dr K Dhevan, Dr Smauel Thavaraj and Dr Thahira Banu from GRI. The session came to an end with a fruitful discussion by the participants and resource person. Finally, the programme came to an end with the formal vote of thanks proposed by the student representative.

The session started with a prayer song, followed by the welcome address by Dr A Thahira Banu, an Introduction of the guest by Dr S Kavitha Maithily, and a preamble of the session by Dr K Dhevan. Dr. Gunavathi, a transgender interacted with the students about her biography and how she was brought up by her parents in Dindigul as a boy. When she had hormonal changes in her body, she was isolated and initially denied by her family, and then they gradually started supporting her because of her hard work and truthfulness. In 2018 she was awarded “The Best Thirunangai of 2017” and she was honored with a ‘Doctorate’ from Bangalore. Now she has initiated and is successful in running the NGO called ‘Thaaikudu’, to help and support transgenders, widows and single women. Then she explained about reasons for their transformations

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3. RRC Training Programme

RRC

30.03.2023

from boy to girl and various types of treatments like Thaaiyammal Surgical treatment, SRS [Sexual Rearrangement Surgery], which is done to transmit the sexual organ, and Silican treatment for breast rearrangement, inhibition of hair growth etc. In the present society, they are said to be one of the reasons to spread HIV among people through their petty work. She explained why they were involved in unethical activities and now how her NGO is taking steps to prevent transgenders from involving in illegal activities and they are encouraged and trained to involve in self-employment to fulfil their needs. Gunavathi also taught students about the need to enhance life skills like tolerance, empathy, self-awareness and self-esteem. What the present-day youth are and how they have to prepare themselves to face the challenging and competitive world. The session was enjoyed by the students and they interacted well and finally, the session ended with a vote of thanks by the student representatives.

The second session started with a prayer song, followed by the welcome address by Dr. P. Sree Devi, the Introduction of the guest by Dr S Kavitha Maithily, and the preamble of the session by Dr A Thahira Banu and the Inaugural Address by Dr Nagamani, NSS Programme Coordinator followed by sharing of experience by Dr K Dhevan.

Mrs. Vinothini explained to the students about the ICTC centre and she said ICTC is a place where a person is counselled and tested for HIV, of his own free will or as advised

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				<p>by a medical provider. The main functions of an ICTC are: Conducting HIV diagnostic tests. Providing basic information on the modes of HIV transmission, and promoting behavioral change to reduce vulnerability. She also explained the confidentiality that will be maintained at the centre. Students interacted and cleared many of their doubts regarding HIV and its consequences. The session was enjoyed by the students and they interacted well and finally, the session ended with a vote of thanks by the student representatives.</p>	
5.	Slogan Writing	RRC	30.03.2023	<p>On 30.03.2023 Dr A Thahira Banu and Dr S. Kavitha Mythily organized a slogan writing competition based on the title “Celebrating Life” for the students from Home Science Department. As a coordinator of RRC, Dr A Thahira Banu and Dr S. Kavitha Mythily gave a small introduction about RRC and its activities. She explained the meaning of peer educators and the role of peer educators. She talked about HIV & AIDS, preventive measures, how to extend the life span of HIV-positive patients etc. After that all the students were asked to write slogans in both English and Tamil about the topic.</p>	30

PHOTO ATTACHMENTS

1. Visit to ICTC at Kasturba Hospital



2. RRC Training Programme



3. RRC Training Programme



4. RRC Training Programme



5. Slogan Writing

PRIZE WINNERS

**Department of Home Science
Food Science and Nutrition**

I Prize R. Gunalini I M.Sc. FSN,

II Prize S. V Rajvishanthi I M.Sc. FSN

Home Science Extension and Communication

I Prize Vinod.M I M.Sc. FSN

II Prize K. Kaviya I M.Sc. FSN

